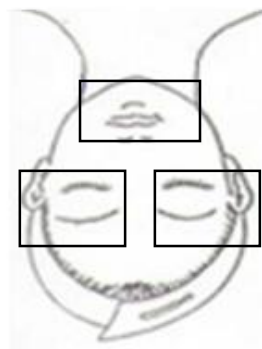


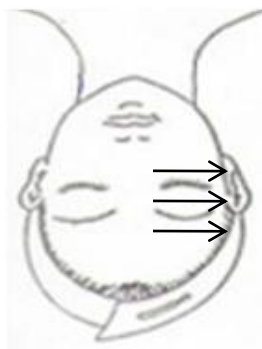
<1과제>

2.클렌징_(15분)

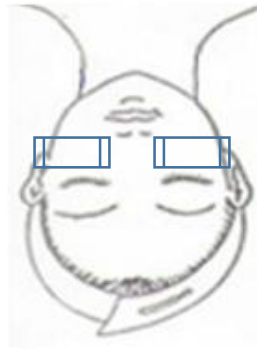
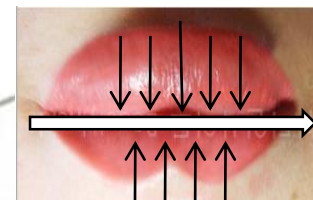
- 포인트클렌징
- 안면클렌징



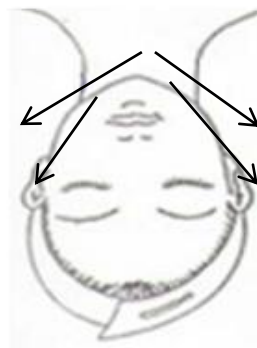
1. 미용솜 도포하기



2. 눈 가로뒹기

3. 미용솜 속눈썹 밑에 깔고
면봉 올굴리는동작으로
마스카라 제거하기.4. 눈 세로뒹기 및
접어서 언더라인 뒹기5. 면봉으로 아이라인 제거 후
가로 방향으로 뒹아 주기6. 입술 뒹아내기
윗입술 : 위-아래
아랫입술 : 아래-위
면봉으로 다시한번 뒹
은 후 구각끝 뒹아주기.

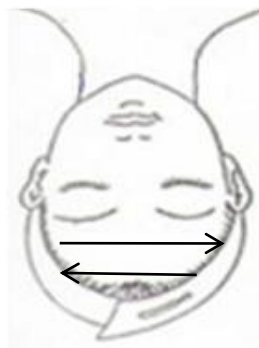
포인트클렌징



1. 턱 / 볼 도포하기



2. 코등 도포



3. 이마도포



4. 볼 타고 내려오기



5. 목타고 내려오기



6. 데콜테 도포하기

노포동작

안면롤렌징



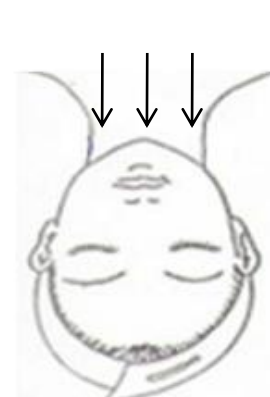
1. 데콜테쓰다듬기



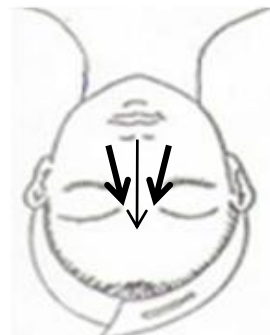
2. 데콜테 올려쓰다듬기



3. 데콜테 문지르기



4. 목 쓰다듬기

5. 턱 쓰다듬기
(2,3지로)6. 입술 쓰다듬기
(2,3지로)7. 코벽/코등
쓰다듬기(2,3지로)

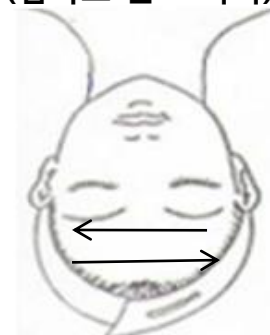
8. 이마 쓰다듬기

9. 턱 원 그리기
(엄지로 원 그리기)10. 볼원그리기
턱→귓볼
입꼬리→귀중앙
압볼→관자놀이11-1 귓망을 문지르기
11-2 코벽 쓰다듬기

12. 눈 원그리기



13. 이마 원그리기



14. 이마 가로쓸기



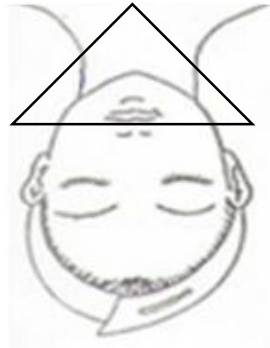
15. 마무리



티슈동작



1. 상악 도포



2. 하악 도포



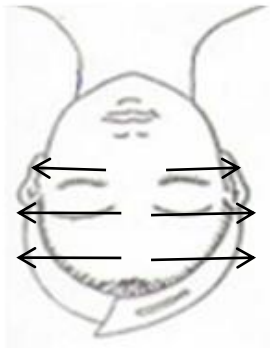
3. 목 유분기제거
(손등으로)



4. 데콜테 유분기 반반씩
나누어 제거



해면동작



1. 눈-눈썹-이마 닦기



2. 콧등-코벽-코망울-인중 닦기



3. 눈밑-볼부위(3등분) 닦기



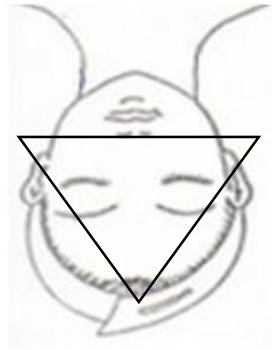
4. 턱-턱면-귓볼 닦기



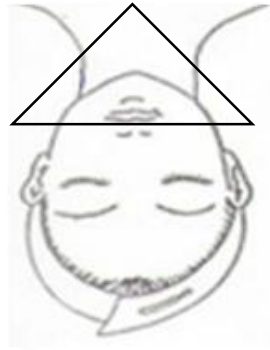
5. 목-데콜테 닦기



티슈동작



1. 상악 도포



2. 하악 도포



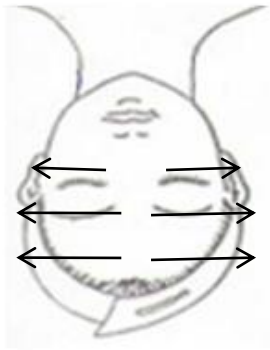
3. 목 유분기제거
(손등으로)



4. 데콜테 유분기 반반씩
나누어 제거



해면동작



1. 눈-눈썹-이마 닦기



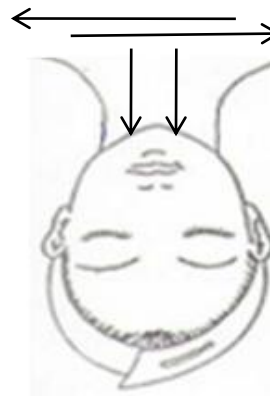
2. 콧등-코벽-코망울-인중 닦기



3. 눈밑-볼부위(3등분) 닦기

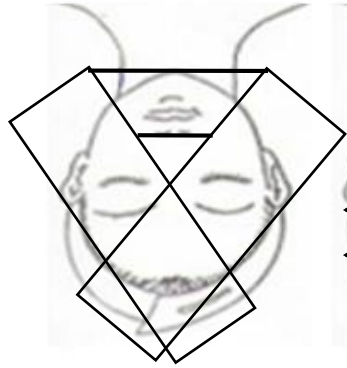


4. 턱-턱면-귓볼 닦기

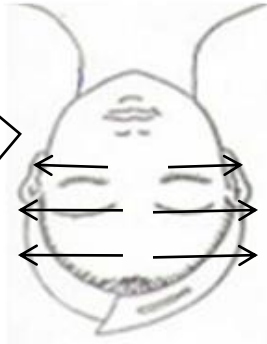


5. 목-데콜테 닦기

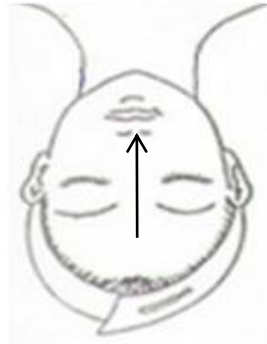




1. 얼굴뎡기



2 눈-눈썹-이마뎡기



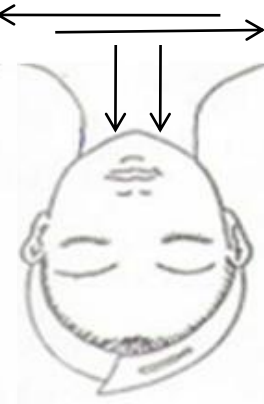
3. 콧등-코벽-인중



4. 볼부위



5. 턱-턱면

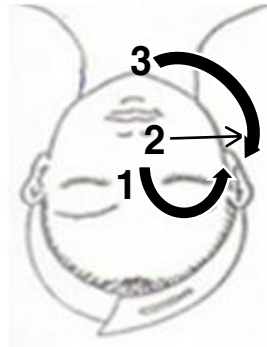


6. 다림질 만들기
오/왼 쪽 나누어서
얼굴-목-데콜테뎡기

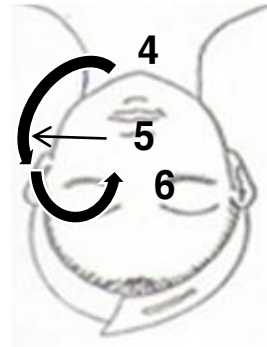
온습포동작



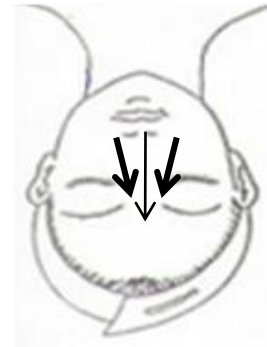
1. 이마



2. 눈-볼-턱-인중



3. 턱-볼-눈



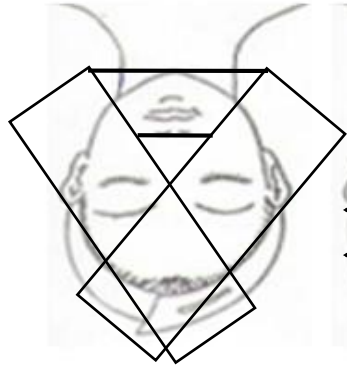
4. 코벽-콧등뎡기



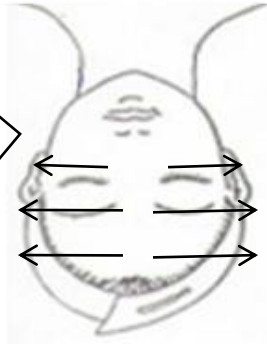
5. 목-데콜테

토너동작

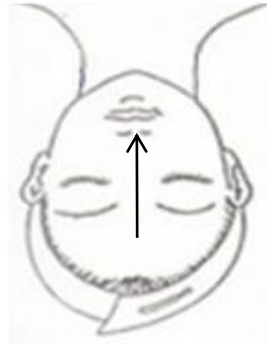




1. 얼굴뎡기



2 눈-눈썹-이마뎡기



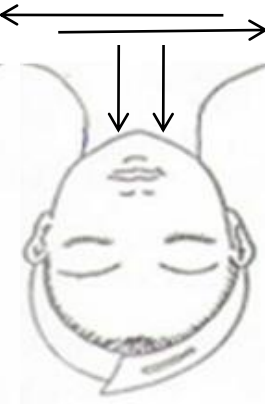
3. 콧등-코벽-인중



4. 볼부위



5. 턱-턱면

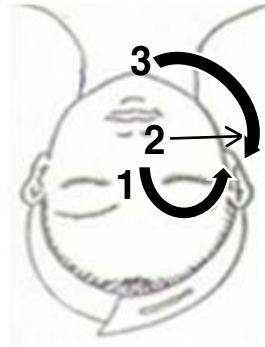


6. 다림질 만들기
오/왼 쪽 나누어서
얼굴-목-데콜테뎡기

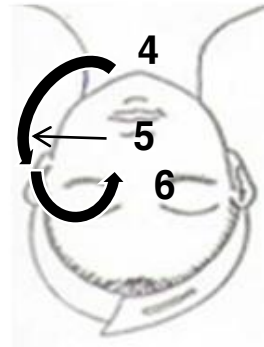
온습포동작



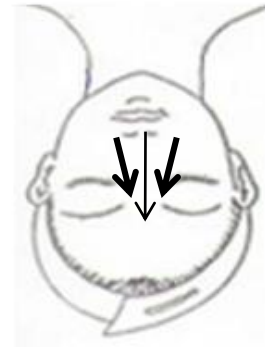
1. 이마



2. 눈-볼-턱-인중



3. 턱-볼-눈



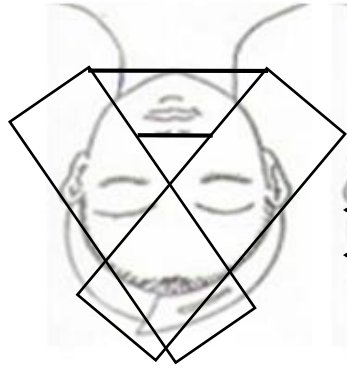
4. 코벽-콧등뎡기



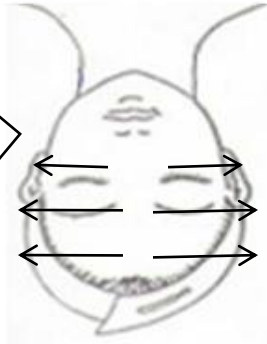
5. 목-데콜테

토너동작

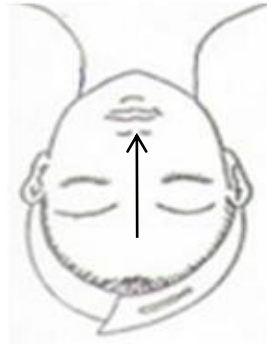




1. 얼굴뎡기



2 눈-눈썹-이마뎡기



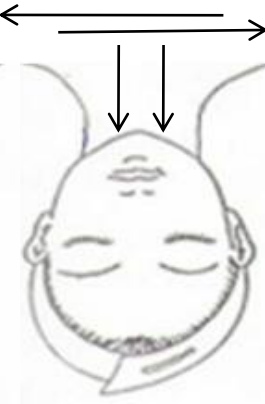
3. 콧등-코벽-인중



4. 볼부위



5. 턱-턱면

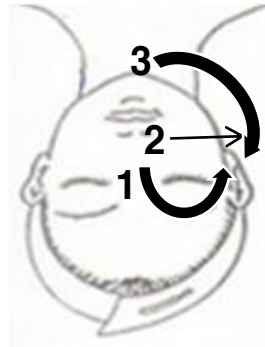


6. 다림질 만들기
오/왼 쪽 나누어서
얼굴-목-데콜테뎡기

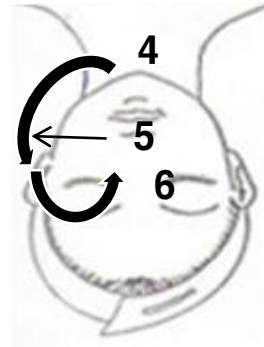
온습포동작



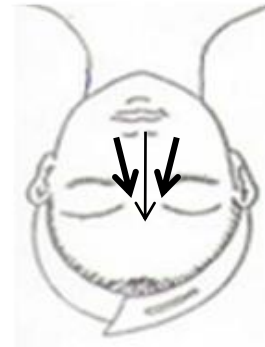
1. 이마



2. 눈-볼-턱-인중



3. 턱-볼-눈



4. 코벽-콧등뎡기



5. 목-데콜테

토너동작

